

November 2025

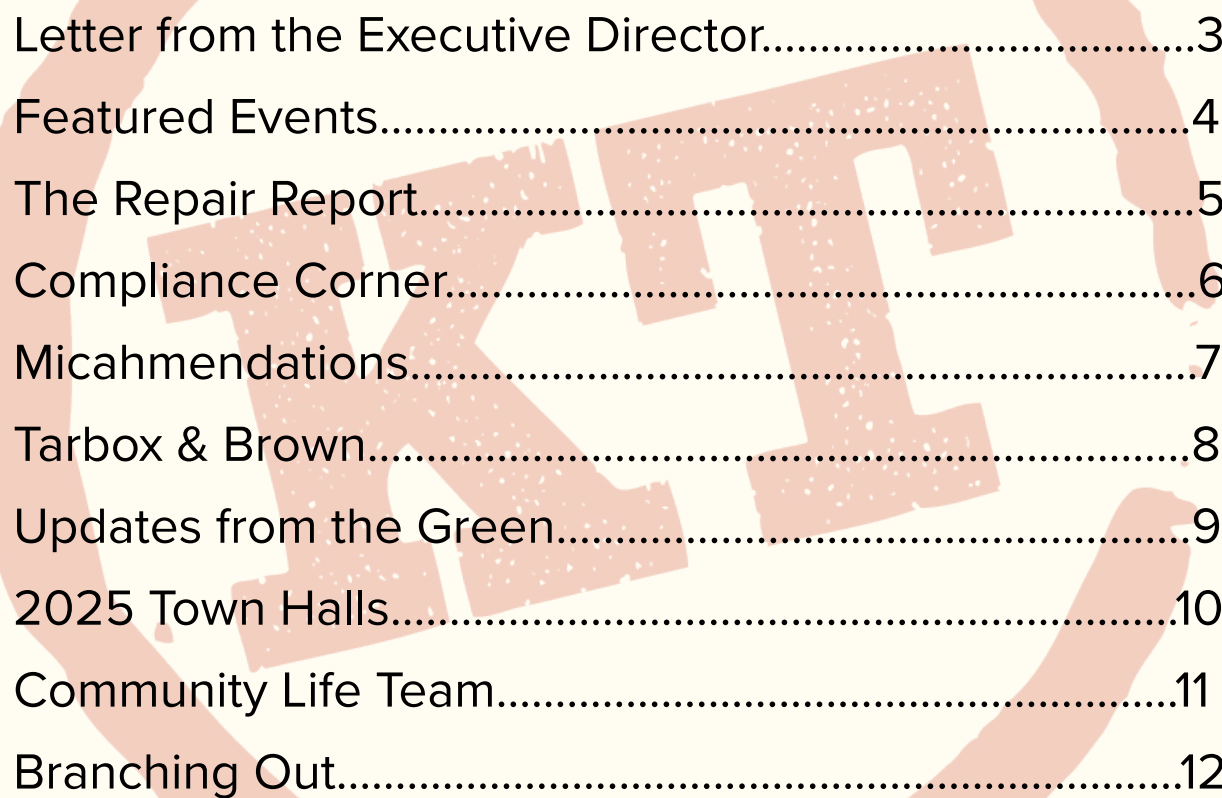
LEGENDARY TIMES

A monthly newsletter for the residents of Kissing Tree



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Dear Community,

As we welcome November, I can't help but reflect on how quickly this year has flown by—and how much we've accomplished together. The cooler weather, the turning leaves, and the energy of the upcoming holidays always bring a sense of connection and gratitude to Kissing Tree.

This time of year is one of our busiest and most exciting. Be sure to check your event calendars often — our Engagement and Fitness teams have a full lineup of holiday gatherings, themed classes, and special programs designed to keep our community active, joyful, and connected. Whether you're joining a Friendsgiving dinner, tackling a turkey trot, or cheering at a holiday concert, there's something for everyone to enjoy!

Behind the scenes, our Association has also been hard at work. November marks the season for annual meetings, budget approvals, and contract reviews, and I'm proud of the thoughtful planning that continues to guide our community forward. These efforts ensure that Kissing Tree remains well cared for—today and for years to come. That truly is the focus of our team!

As we move into the holidays, I want to thank each of you for your continued partnership, trust, kindness, and pride in this community. Every conversation, every helping hand, and every shared moment of joy is what makes Kissing Tree truly legendary and a place that I hope everyone loves to call 'Home'.

From all of us on the Community Life Team, we wish you a wonderful start to the holiday season and look forward to celebrating the close of another meaningful year together.

Warmest Wishes

Rebecca Rounds-Burger,
Executive Director

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November Featured Events

Fridays

Trail Hikes

In need of some nature? Join your neighbors on Friday mornings for a refreshing hike and engage in the outdoors.

Fridays

Farmers Market

Make sure to head to the Biergarten early to catch various vendors, products. Quantity may vary each week.

Wednesday, Nov. 5

Coffee With The ED

This is an informal unstructured time to ask questions at the Independence Hall activity room with Executive Director, Rebecca Rounds.

Saturday, Nov. 8

Car Show

Check out your neighbors' antique hot rods, custom, and classic cars at the Mix parking lot.

Tuesday, Nov. 11

Veterans Day

Community Life Team offices will not be open in honor of Veterans Day. Independence Hall and other amenities will remain open.

Thursday, Nov. 27

Thanksgiving

Community Life Team offices are closed in observance of the Thanksgiving holiday.

For more information, navigate to the [electronic calendar](#) on our resident website

The Repair Report

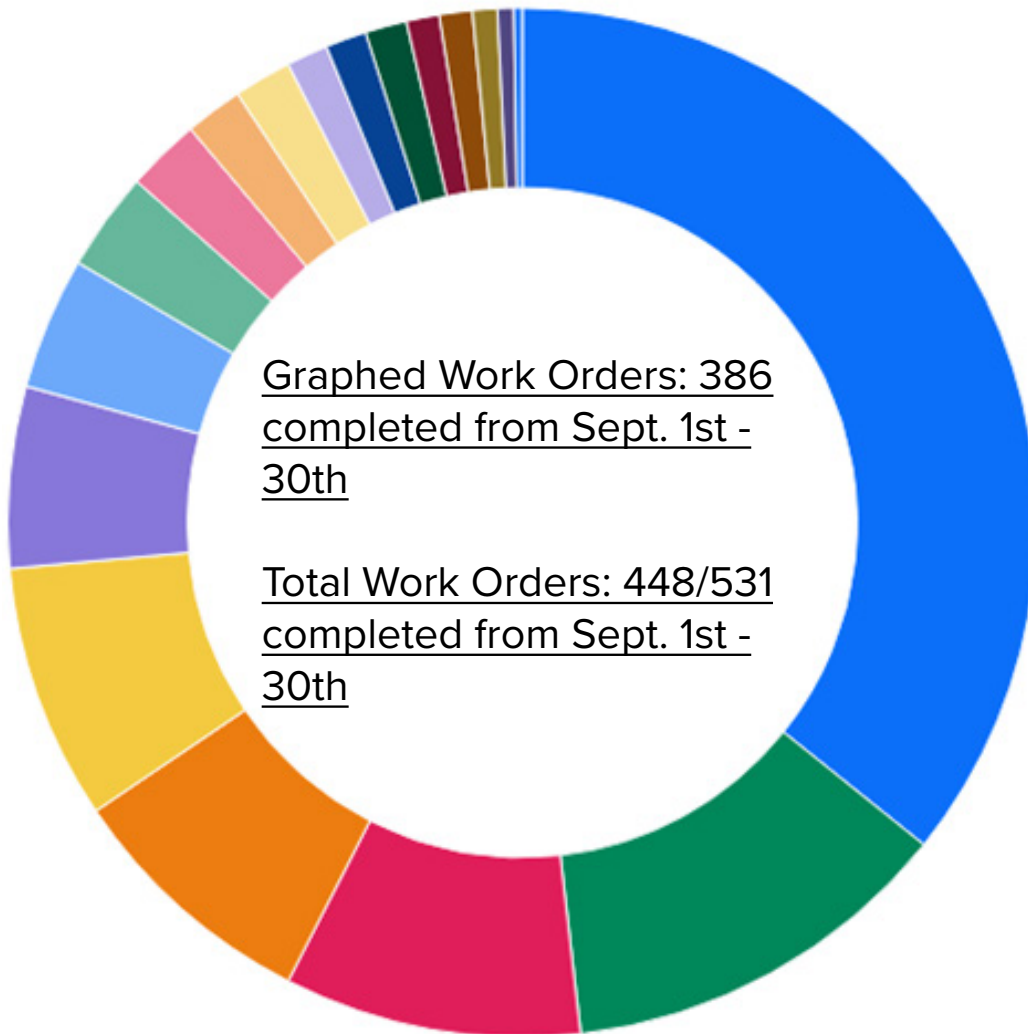
Preventative Maintenance

- Jaime, the asset's team director, created a new daily inspection routine for the team which now includes:
 - Walking all amenity building roofs to check for damage, debris, and proper HVAC functionality
 - Gate checks to ensure they all open and close correctly
 - Manager building walks to verify porter routines are being followed
- All 31 cardio machines have been inspected and internal components cleaned and lubricated. Workorders have been created to fix problems identified during inspection (September).
- AED in the indoor pool has been replaced (September).
- Pond Inspections occurred on September 4th; all ponds passed and are within compliance with the City of San Marcos.
- A new Pond management company has been contracted to assist in auxiliary tasks related to ponds as support staff. They will be servicing all wet and dry ponds across the property 2x a month and coordinating with our team via monthly reports regarding their findings.

Projects

- Continued Development of KT's Emergency Preparedness Program, coordinating with San Marcos PD for emergency evacuation routes and emergency staff coordination.
- Community Asset Mapping has concluded, we are now working with operations to implement our community map on the Kissing Tree Website so that navigating the property is easier than ever.
- Pickleball court upgrades and updates are ongoing in preparation for this year's tournament.
- Bocce ball courts restriped for league play and annual schedule for restriping implemented.
- Achieved a new department weekly work order completion record of 129 (September 15th-21st 2025).
- Achieved a new department daily work order completion record of 55 (September 18th, 2025).

The Repair Report



- Inspection 35.75%
- Pond & Storm Water Systems 12.44%
- Irrigation & Landscaping 9.33%
- General Repair & Maintenance 8.03%
- Fitness Equipment 8.03%
- Community Concerns 5.70%
- Pool Maintenance & Repair 4.15%
- General Housekeeping 3.11%
- HVAC 2.33%
- Lighting & Electrical 1.81%
- Gates & Fences 1.81%
- Plumbing 1.30%
- Site Signage & Monuments 1.30%
- Engagement Requests & Set Ups 1.30%
- Pressure Washing 1.04%
- Entryways & Doors 1.04%
- Fire Life & Safety Systems 0.78%
- Appliances 0.52%
- Preventative 0.26%



As the holidays approach, please know the guidelines for holiday lighting:

Seasonal/Holiday lighting for December holidays may be installed beginning November 1st, but may not be lit up until the day after Thanksgiving. All lighting must be removed no later than January 15th.

Kylee Holte, Community Standards Coordinator

Micahmendations

Surviving & Thriving over the Holidays

The holidays are a strange blend of joy and chaos. The food is rich, the schedule is packed, and our routines, those anchors of discipline and balance, can quietly drift away. But surviving the holidays doesn't mean white-knuckling through temptation or punishing yourself for a few indulgences. It's about being intentional, realistic, and grounded in what really matters: connection, consistency, and care.

1. Keep the Main Thing the Main Thing

This isn't the season to chase personal records. It's about maintenance, mobility, and momentum. Two solid workouts per week can protect your strength and sanity. Even if your training volume drops, keeping the habit alive matters more than the numbers. Think of it as "holding the line." Short workouts, walks, and mobility sessions still count. Consistency will make January feel like a continuation, not a restart.

2. Move for Sanity, Not Vanity

Exercise is stress relief disguised as effort. You don't have to crush every workout to earn your meal, just move enough to keep your mood steady and your energy balanced. If you're traveling, build in quick options like a 20-minute bodyweight circuit, a brisk walk after meals, or a family hike. Even short bursts of activity can drop cortisol and improve sleep quality, both of which tend to take a hit during the holidays.

3. Eat with Intention, Not Guilt

Here's a rule of thumb: Protein first, water between drinks, and one plate at parties. That one simple sequence helps control hunger, balance blood sugar, and limit "just one more bite" moments. Enjoy your food, but stay mindful. Food is social, cultural, and emotional; it's not something to fear. If you overdo it, skip the guilt spiral. Just get back to your usual rhythm the next day, hydrate, walk, lift, repeat.

4. Protect Your Recharge

The hustle of the holidays drains more than your energy—it can drain your presence. Guard your sleep like your health depends on it, because it does. Power naps, quiet coffee mornings, and short tech-free breaks are all fair game. A few minutes of stretching, red light, or journaling can reset your nervous system faster than another cup of caffeine.

Micahmendations

Holiday Self-Check:

Did I move today? Did I sleep enough? Did I breathe or pause on purpose? Did I connect with someone I care about? That checklist alone keeps your health compass pointed north.

5. Give the Gift of Grace (to Yourself Too)

The holidays remind us that perfection isn't the goal—presence is. If you miss a workout or eat more fudge than planned, remember that discipline is measured over months, not meals. Show yourself the same grace you give others. Prioritize moments that recharge your spirit—time with family, laughter, or even quiet solitude.

The truth is, you don't have to survive the holidays. You can thrive through them if you keep your perspective, stay active in small ways, and remember what all of this is really about.

Micah Ross,
Fitness Manager

TARBOX & BROWN

We have just begun a new fall menu that will be available until January. We are in full swing in October through the end of the year. We have been keeping busy and will get busier through the holidays. If you are planning any holiday events with us contact us soon as we are booking up fast!

David Rhoads
Executive Chef - Tarbox & Brown

Updates From The Green

With all the tournaments during the past month, October was a very busy and challenging month for the golf maintenance team. Double shotguns throughout the month make it difficult to do our daily procedures, so we must get creative with time management. Coming in a couple of hours early or staying late or event mowing at night were common last month.

November should be a little less stressful, but there are a few tournaments including the Member/Guest. This month, we will overseed tees, apply our fall preemergent herbicide, and begin our poa control applications on greens which will continue through the spring. Also, we are cleaning up the tee sign beds and adding more crushed granite to them as needed.

John Mckay
Kissing Tree Golf Club Superintendent

2025 TOWN HALLS

MASTER

Q4: DECEMBER 10

COTTAGES

Q4: DECEMBER 11

VILLAS

Q4: DECEMBER 11

COMMUNITY LIFE TEAM

Rebecca Rounds - Executive Director

Kevin Wilson - Director of Community Engagement

Jaime Godoy - Director of Community Assets

Martha Perkins - Director of Community Operations

Andy Pina - Manager of Community Assets

Sandee Miller - Manager of Community Care

Micah Ross - Manager of Fitness

Anitra Martinez - Design Review Coordinator

Linda Mott - Community Engagement Coordinator

Ashlyn Wilson - Communications Coordinator

Kylee Holte - Community Standards Coordinator

Ivan Smith - Community Assets Coordinator

Reagan Porter - Fitness Coordinator

Johnny Rogerio - Custodial Engineer

Jeremy Mott - Custodial Engineer

Ty Klender - Custodial Engineer

Richard Salinas - Custodial Engineer

Cesar Bernal - Custodial Engineer

Trent Rodgers - Lead Fitness Attendant

Cindy Santiesteban - Front Desk Ambassador

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Making the most of Medicare open enrollment

When you turn 65, Medicare becomes a vital part of your health care coverage. But signing up is just the beginning. Many people don't realize that Medicare isn't a "set it and forget it" program. In fact, you have the opportunity — and often the need — to review and adjust your coverage every single year. The annual Medicare Open Enrollment period, which runs from Oct. 15 through Dec. 7 each year, is your chance to take a fresh look at your health care needs and make sure your Medicare plan still fits your life. Then you can determine whether your medical and prescription plans need to be switched or dropped. Just like your health can change from year to year, so can Medicare plans. Insurance companies may adjust their coverage and costs or even discontinue certain plans entirely. By taking time during the open enrollment period to compare your options, you might discover a plan that saves money, offers better coverage or both.

As a reminder, you have several options when it comes to your Medicare coverage.

- **Original Medicare (Parts A and B)** covers hospital stays and medical services such as doctor visits. Part A typically comes with no monthly premium if you've worked for at least 10 years. Part B requires monthly premiums — \$206.50 or more in 2026, depending on your income. They may also be copays and deductibles.
- **Medicare Advantage (Part C)** offers an all-in-one alternative to Original Medicare. These plans are offered by private insurance companies. They often bundle together hospital, medical and prescription drug coverage. They may also include extra benefits like vision, dental and wellness programs that Original Medicare doesn't cover.
- **Medicare Part D** provides standalone prescription drug coverage for those who stick with Original Medicare.
- **Medicare Supplement (Medigap)** policies help cover the out-of-pocket costs that Original Medicare doesn't pay, such as copayments and deductibles. When shopping for Medicare plans, there are several important areas you should consider to determine which options are right for you:
 - **Out-of-pocket costs** such as monthly premiums, deductibles, copayments and any other expenses Medicare doesn't cover. Sometimes a plan with a higher premium saves you money overall because of lower copays.
 - **Prescription drug coverage** deserves special attention. All Medicare plans for 2026 will include a \$2,100 cap on what you pay out of pocket for covered prescription drugs, up from \$2,000 in 2025. However, this cap only applies to drugs that your plan covers, making it crucial to verify your medications are included.
 - **Your health care needs** for the coming year matter too. Do you have surgeries planned? New health conditions to manage? You'll want to make sure your potential plan covers the care you expect to need.
 - **Travel plans** can also influence your choice. Original Medicare typically doesn't cover services overseas, so frequent travelers might want supplemental coverage for emergencies abroad.

If you don't make any changes during open enrollment, you'll likely be automatically reenrolled in your current plan for the following year, as long as it's still available and you continue paying required premiums. Don't let your Medicare plan run on autopilot. Take advantage of the annual open enrollment period — between Oct. 15 and Dec. 7 — to ensure your coverage continues to serve you well in the year ahead.

This article was written by Edward Jones for Matthew Zito your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

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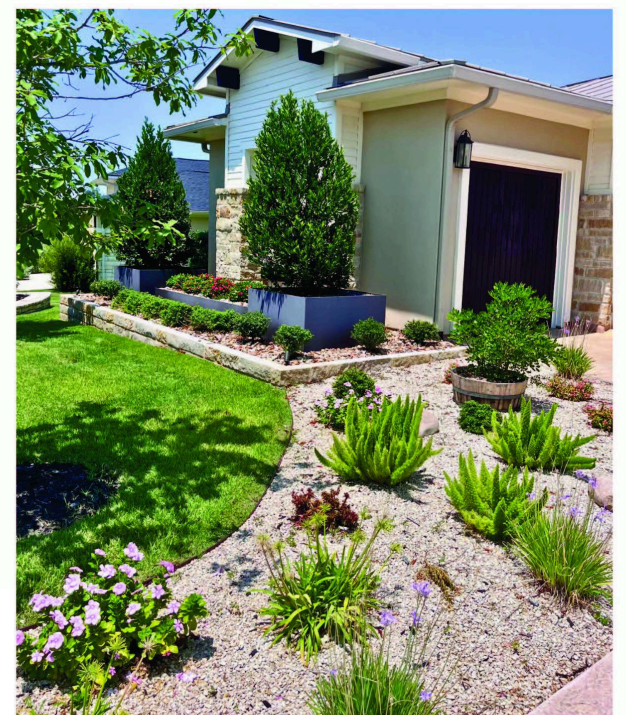
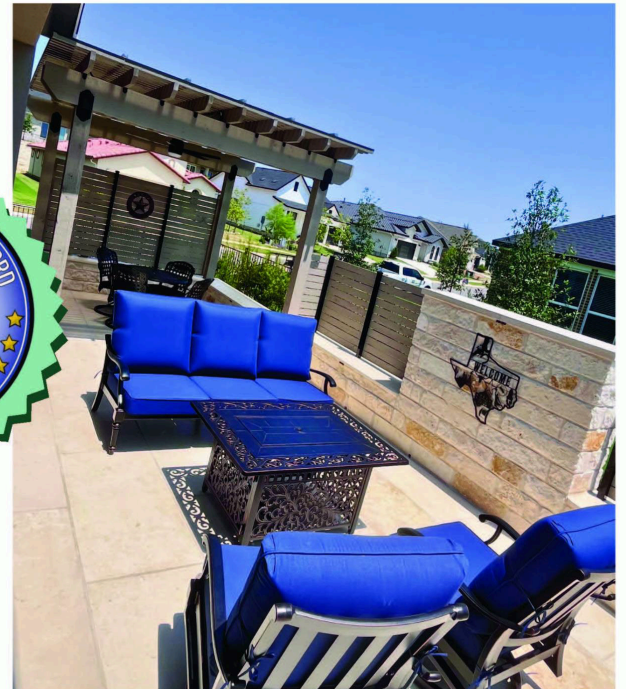
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